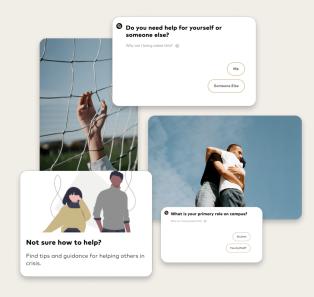


### **Navigate Any Crisis**

Life gets hard. Finding help is now easy.





### **How HelpCompass Works**

#### Identify Who's in Need

Whether for a student, faculty, or staff member, HelpCompass tailors the experience and resources in real time to the unique needs of each individual user.

#### **Define Support Areas**

We worked with clinicians and campus stakeholders to define a comprehensive set of topic areas that lead to crisis. With a few simple clicks, users can endorse their needs and start navigating to care.

#### **Explore Options**

In a process that takes less than 60 seconds, users can anonymously explore all available resources and can immediately connect to any relevant campus support.

### **Essential Campus Crisis Support**



## Supporting Campus Communities

Inclusive of students, faculty, and staff, HelpCompass helps anyone on campus navigate to the right campus crisis support for themselves or someone else in need.



# 100% Anonymous Wayfinding

Whether you're seeking help for yourself or a friend, it is important to have unfettered access to resources. HelpCompass provides 100% anonymous connection to resources, both on and off campus, for any challenge.



## Crisis in the Eye of the Beholder

Every crisis in unique. If it is large or small, sudden or gradual, HelpCompass addresses crises of all shapes and sizes, connecting anyone on campus to resources related to health, finance, relationships, academics, and more.

#### Bring HelpCompass to Your Campus

Schedule a demo, discuss partnerships, and learn about our impact.
youatcollege.com | inquiries@gritdigitalhealth.com



## Normalize Student Use of Crisis Services

In providing a straight-forward path to accessing help in times of need, HelpCompass destigmatizes and encourages help-seeking behavior for every user.



## Access the Right Campus Services Before & During Crisis

HelpCompass raises awareness of all campus crisis resources, reducing barriers of access for anyone on campus, and increasing the likelihood of service utilization in the future.



#### Elevate Well-Being As A Visible Campus Priority

As a critical campus tool that builds a framework for crisis support, HelpCompass demonstrates each institution's commitment to supporting its community.

### What our network is saying

"HelpCompass will help our campus community members quickly find varied support resources in moments of need, particularly when they are in an urgent situation. CU offers a lot of resources to support faculty, staff, and students, but sometimes it can be confusing to know where to turn.

HelpCompass is a simple website that gets you to the right place to help you address all matter of problems, including financial or academic concerns, physical or mental health issues, and gradual or sudden difficulties."

- Chief of Staff, CU Denver

### Seamless Integration with YOU

Students can access HelpCompass directly from the YOU platform's help in crisis button, as well as view YOU well-being resources in HelpCompass.

