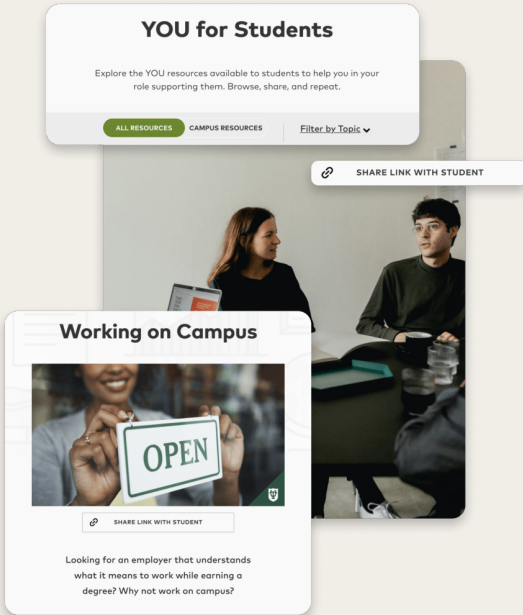




A PRODUCT OF
YOU at COLLEGE

Personalized for Professionals

Defining the future of educator support.



How YOU for Faculty/Staff Works

HR, EAP, and Campus Resources

YOU for Faculty & Staff increases visibility to tools related to 401(K), benefits, professional development, and mental health, personalized to their needs.

Comprehensive Well-Being Tools & Resources

YOU's holistic well-being model equips campuses with the necessary tools to quell increased feelings of burnout and cultivate healthy on- and off-campus lifestyles.

Helps Faculty & Staff Support Students

Through a unique, student-facing window, YOU for Faculty & Staff provides access to 2,500+ resources to help faculty members adequately support student needs.

Driving Behavior Change for 30,000+ Faculty & Staff



Bring YOU for Faculty & Staff to Your Campus

Schedule a demo, discuss partnerships, and learn about our impact.

youatcollege.com | inquiries@gritdigitalhealth.com



Stronger Student Allies

YOU for Faculty & Staff strengthens the confidence of educators to adequately recommend mental health & well-being support services to their students.



Increase Resource Awareness

YOU for Faculty & Staff offers 24/7 access and awareness of every campus service for employee success, whether they are on campus, online, or hybrid.



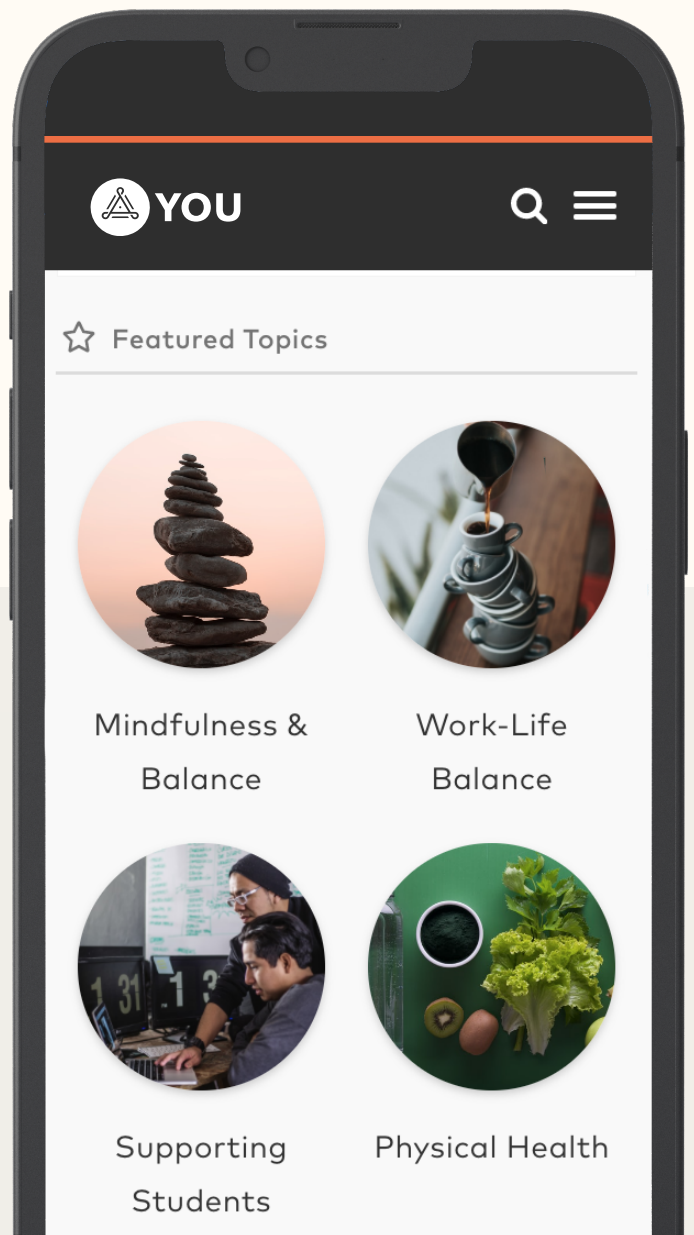
Healthier Campus Communities

Healthy campuses start with healthy faculty and staff. YOU for Faculty & Staff helps educators cultivate healthier personal and professional lifestyles.

What our network is saying

"As a university, we want our faculty and staff to have resources to make their whole lives healthy, and to know how to help students with their well-being, too . . . Through **YOU for Faculty & Staff**, you can find tips for managing stress, balancing work and life, tackling physical health concerns, enhancing your career, helping students in crisis, and accessing confidential community resources."

- VP for Human Resources, Colorado State University



Comprehensive Well-Being Personalized for Every Student



Well-Being, Mental Health, Physical Health



Career Growth, Supporting Students, Professional Development



Purpose in Work, Relationships, Diversity/Identity